

Caitlin Drago

Inspiring, Engaging, Actionable

Creating cultures of empathy, creativity,
and trust, beginning with how we
communicate and connect.

How?
Improv.



In her interactive workshops and keynote addresses, Caitlin quickly quells the, “I could never do improv!” fear and makes accessible, the principles professional actors use, to be better communicators, teammates, and leaders.

Disarming and energetic, Caitlin opens up the most skeptical attendees, allowing them to learn through applying the Improv Approach, and even crack a smile along the way.

Signature Topics



- The Improv Approach to Communication & Connection
- Improving Performance by Loving Your People
- Follow the Fear - Speaking Up, Speaking Out and Owning Your Expertise
- Improvising Through Difficult Conversations

About

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The most impactful thing a speaker can do, is to facilitate an experience, and help participants to draw a correlation between the experience, what they learned and how they will apply it in their life. Because of this, each talk involves both interaction with the audience and personal reflection time.



Testimonials

“Caitlin's energy, enthusiasm, and sprinkling of humor eased the tensions in our group and the entire experience was packed with valuable team collaboration insights. We found ourselves using this technique the very same day we learned it.”

Shawn Mott, President, Digitronik Labs

“We focused on communication in a completely different way. Not a seminar-feel, but a fun, engaging way to demonstrate the importance of being open and positive. I stepped outside my comfort zone. As an introvert, the idea of improv was horrifying. But it was fun!”

Jill Gresens, Product Developer, VWR